

Global Healthspan Policy Institute

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# GLOBAL HEALTHSPAN POLICY INSTITUTE

Hello,

This week we learn how SOCOM is planning to test a new anti-aging drug, how a new supplement could help support healthy aging and how reducing stress could slow down, or even temporarily reverse, the aging process. We also learn about numerous health benefits of eating berries.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO  
Global Healthspan Policy Institute



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## National Institute on Aging

### Funding for your aging research: From Ph.D. student to postdoc

A new NIA blog post outlines tips for getting your aging research project funded, for every level of expertise.

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### Impact of loneliness in old age on life expectancy

A new study finds that loneliness in old age has real consequences on lifespan.

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### Aging Well: The Many Health Benefits of Breathwork

Learning and practicing new breathing techniques can reduce stress and anxiety, potentially extending our lives.

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### Wanna delay aging? Get castrated, scientists say

Researchers studying sheep may have found a way to delay aging—but it's not likely to be very popular.

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### GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

### We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

### All Call For Volunteers For Healthier, More Productive Years of Life!

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.

Contact [dcarver@healthspanpolicy.org](mailto:dcarver@healthspanpolicy.org) to join the tiger team today!

### Upcoming Events

Due to the ongoing COVID-19 Pandemic events are very limited. As new ones are publicized, we will include them here.



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