



Hello,

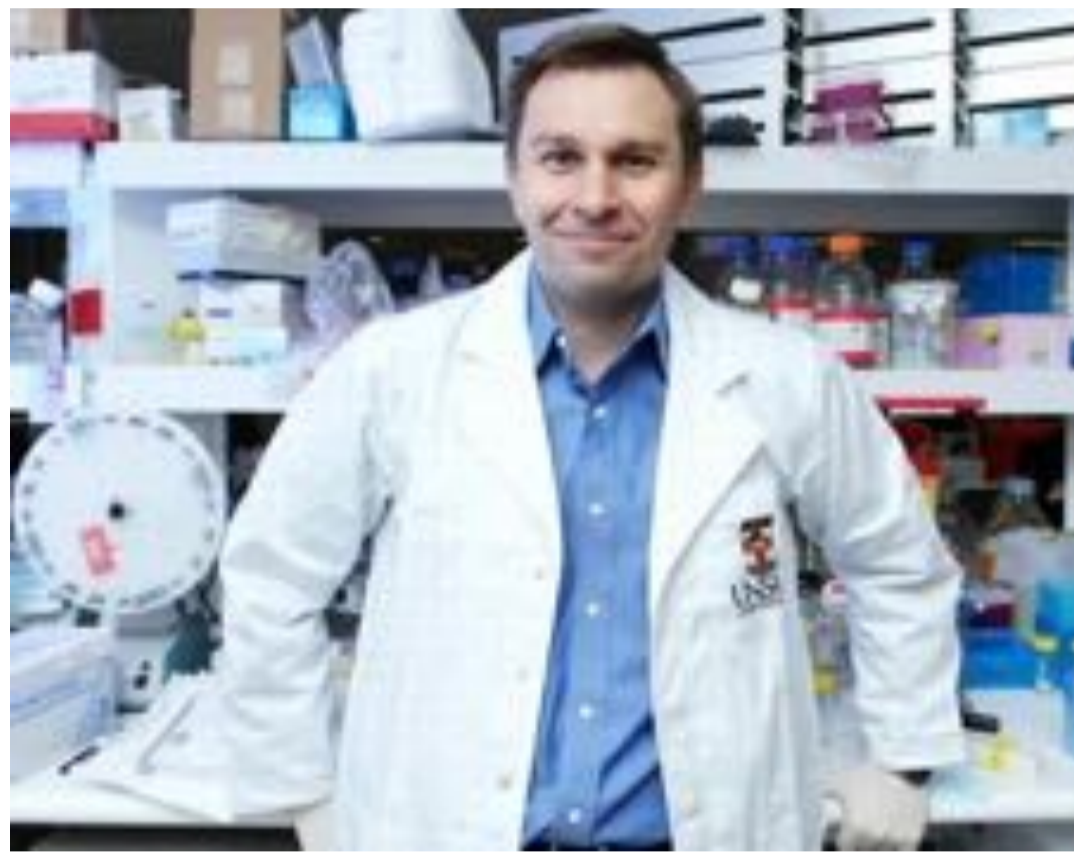
This week we learn about new studies into the effects of psychological aging, hear from GHPI Fellow David Sinclair in a new interview, and learn how changes in funding priorities might aid efforts to extend our lifespans. We also learn about the top 5 foods we should avoid if we want to live as long, and as comfortably as possible.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.



All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO  
Global Healthspan Policy Institute



**Is aging a disease? Treating it like one could be worth trillions, study says**

GHPI Fellow David Sinclair is interviewed for a new article on the increasingly popular strategy of treating aging as a disease.

[Read More](#)



**Mind Over Body: Can We Control Psychological Aging?**

Not all indicators of aging are physical, can we gain control over the psychological effects of aging?

[Read More](#)



**Scientists are demystifying aging — funding could add decades to our lives**

Could new funding priorities change how we approach aging research to extend our lives?

[Read More](#)



**The 5 Worst Foods for Longevity, According to Aging Experts**

Want to live longer? Researchers say you should avoid these foods.

[Read More](#)



**GHPI Coalition Grows to Over 90 Members**

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

**We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!**

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond — uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

**All Call For Volunteers For Healthier, More Productive Years of Life!**

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.

Contact [dcarver@healthspanpolicy.org](mailto:dcarver@healthspanpolicy.org) to join the tiger team today!

**Upcoming Events**

Due to the ongoing COVID-19 Pandemic events are very limited. As new ones are publicized, we will include them here.

