



Hello,

This week we learn about a new study examining the result of diet and lifestyle changes on aging, meet some high school students who are preparing for careers in aging & longevity research, and we learn how a common therapy for HIV may also have anti-aging benefits.

Additionally, we get a look at an interesting new study that uses blood cell and footstep counts to conclude that humans could live up to 150 years—but also indicates that could be a hard limit.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.



All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute

[Facebook](#) [Twitter](#) [LinkedIn](#)



Humans Could Live up to 150 Years, New Research Suggests

A new study indicates that humans could live up to 150 years, but that could be a hard limit

[Read More](#)



High School Students Preparing To Join The Fight Against Aging

A group of high school students planning careers in aging & longevity research are participating in the Inspire Longevity Program

[Read More](#)



Lifesaving ART for HIV could also be Anti-Aging

An anti-retroviral therapy often used with HIV may also have anti-aging properties

[Read More](#)



Aging: Clinical trial on potential reversal of epigenetic age using a diet and lifestyle

The results of a new study examining the results of diet and lifestyle changes on the aging process have been published

[Read More](#)



GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations. today](#)

All Call For Volunteers For Healthier, More Productive Years of Life!

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.

Contact dcarver@healthspanpolicy.org to join the tiger team today!

Upcoming Events

Extending Human Healthspan & Longevity
New York Academy of Sciences Webinar
May 19, 2021 10:30AM - 4:45PM EDT

[Share](#) [Tweet](#) [Forward](#)

