Global Healthspan Policy Institute

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GLOBAL HEALTHSPAN POLICY INSTITUTE

Hello,

This week we learn about a new brain aging research center at the University of Rochester, how a new supplement could improve our health as we age, and we learn about some simple things we can do while we're younger, to ensure healthier aging. In some unhappy news, we also learn the impact of COVID-19 on mortality rates run the US.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

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Edwina Rogers, CEO **Global Healthspan Policy Institute**









The surprising habit that can reverse aging — and other science-backed strategies

Doing some relatively simple things while we're young can make a major impact on us as we age.

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DISEASE ** CENTERS FOR **CONTROL AND PREVENTION**

US death rate jumps by nearly 16 percent

COVID-19 was the 3rd leading cause of death in the US last year, only behind heart disease and cancer.

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GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

Join The Coalition Here

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond uniting our members under a common, core mission to benefit the public trust.

Help us bring new preventions and therapeutics for the benefit of all generations, today

All Call For Volunteers For Healthier, More **Productive Years of Life!**

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?



Human Trial Finds Supplement Improves Age-Related **Defects to Improve Cognition, Muscle Strength**

Researchers at Baylor College of Medicine have found that a supplement called GlyNAC could improve muscle strength and cognition in older people.

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URMC launching new brain aging research center

"The University of Rochester Medical Center is launching a new center to study the relationship between emotional well-being and dementia-related diseases, such as Alzheimer's."

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For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.

Contact <u>dcarver@healthspanpolicy.org</u> to join the tiger team today!

<u>Upcoming Events</u>

Extending Human Healthspan & Longevity New York Academy of Sciences Webinar May 19, 2021 10:30AM - 4:45PM EDT



