

Global Healthspan Policy Institute

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Hello,

Happy Holidays to everyone! This week we learn about a blood pressure drug that may have age-defying effects, how scientists turned back the clock in mice and restored their vision, and get a look at a new study examining the connection between aging and the gut microbiome.

We also get a reminder about how important it is to savor the good moments surrounding us, especially this time of year. That leads to lower stress, longer life and better health.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO  
Global Healthspan Policy Institute



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#### Aging Well: A reason to savor the season

Taking the time to appreciate and enjoy the good things that are happening in our lives can reduce stress and lead to a longer, healthier life—even in 2020.

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#### Blood Pressure Drug Extends Lifespan in Model Organism

Researchers in Japan have discovered that a blood pressure drug can prolong lifespans in roundworms.

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#### Reversal of biological clock restores vision in old mice

Scientists have restored vision in mice by reversing chemical markers that accumulate with age.

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#### Scientists to Study Whether Aging is Impacted by Changes in Gut Microbiome

Researchers in Texas will follow up on other recent studies that indicate changes in the Gut Microbiome affect aging.

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#### GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

#### We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations. today](#)

#### All Call For Volunteers For Healthier, More Productive Years of Life!

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.

Contact [dcarver@healthspanpolicy.org](mailto:dcarver@healthspanpolicy.org) to join the tiger team today!

#### Upcoming Events

*Note: Due to changing circumstances surrounding COVID-19 leading to cancellations, we are temporarily unable to include a list of upcoming events. We'll be sure to keep you up to date as future events are scheduled.*



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