

Global Healthspan Policy Institute

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Hello,

This week we learn how our attitudes on aging may affect our spouses and how feeling thankful can improve our overall outlook, reduce stress and help us age better. We also learn about a new study that's uncovered new information about the aging process and our genes, and about a major new NIH grant to help develop better emergency care for those with dementia.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO
Global Healthspan Policy Institute



Study: Your negative thoughts on aging could hurt your spouse

New research suggests that the way we perceive and act toward our own aging process can affect the health of those closest to us.

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Breakdown of gene coordination during aging suggests a substantial challenge to longevity

A new study has made substantial new discoveries about the aging process and our genes.

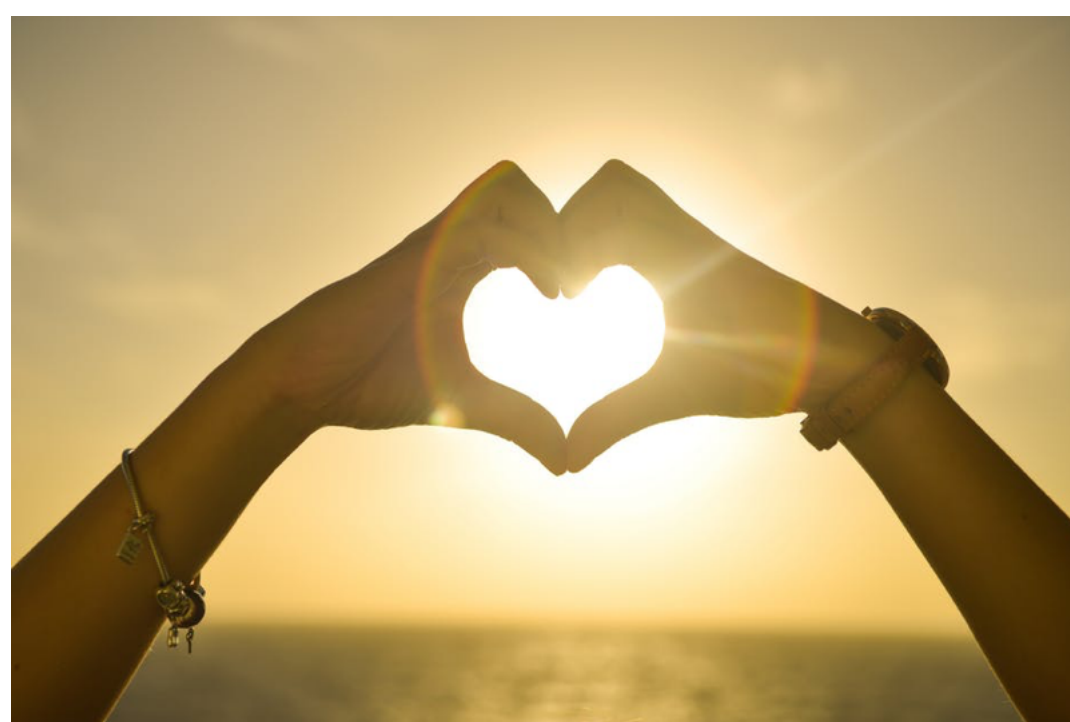
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Improving emergency care for people with dementia is focus of new grant

A new \$7.5 million grant from the NIH will fund research at four institutions to examine ways to improve emergency care for people with dementia.

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Aging Well: Giving thanks: How gratitude helps us

Recent studies show how focusing on feelings of gratitude can improve our overall positive attitude and outlook, which helps us reduce stress and age in a healthier way.

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GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today.](#)

All Call For Volunteers For Healthier, More Productive Years of Life!

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.

Contact dcarver@healthspanpolicy.org to join the tiger team today!

Upcoming Events

Note: Due to changing circumstances surrounding COVID-19 leading to cancellations, we are temporarily unable to include a list of upcoming events. We'll be sure to keep you up to date as future events are scheduled.

