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Hello,

Global Healthspan Policy Institute

We hope everyone had a Happy Thanksgiving holiday! This week we get a look at new research from Buck Institute into senolytics, we learn how long-duration space travel might accelerate aging, and get a look at more research that shows how regular aerobic exercise helps keep our brains healthy as we age.

We also get a look at a recent, NIA funded study, that examines how some often overlooked brain cells may play a role in aging and neurodegenerative disease.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO Global Healthspan Policy Institute





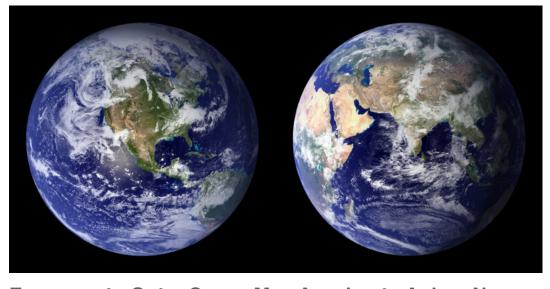




**Another Win for Senolytics: Fighting Aging at the Cellular Level Just Got Easier** 

A new Buck Institute study, led by GHPI Fellow Dr. Judith Campisi and Dr. Eric Verdin sheds new light on senolytics.

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**Exposure to Outer Space May Accelerate Aging, New Evidence Suggests** 

New research papers that examine various health risks from long-term space missions indicate that time spent in space may result in a shorter lifespan.

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Microglia, the brain's trash collector cells, may play larger role in brain health, may reveal clues to disease treatments

A new study, funded in part by the NIA, shows how these cells may play a role in age related neurodegenerative conditions.

**Read More** 



Here's more proof that running boosts your brainpower

Regular exercise—like running—keeps your brain healthy, particularly as we age.

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**GHPI Coalition Grows to Over 90 Members** 

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

## Join The Coalition Here

We're Bringing the Best Research in the **World to Congress - and Your Donations Are The Fuel To Our Fire!** 

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond uniting our members under a common, core mission to benefit the public trust.

Help us bring new preventions and therapeutics for the benefit of all generations, today

## **All Call For Volunteers For Healthier, More Productive Years of Life!**

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.

Contact dcarver@healthspanpolicy.org to join the tiger team today!

## <u>Upcoming Events</u>

Note: Due to changing circumstances surrounding COVID-19 leading to cancellations, we are temporarily unable to include a list of upcoming events. We'll be sure to keep you up to date as future events are scheduled.





