



Hello,

This week we learn about new research into physical activity and sedentary lifestyles, how anti-aging therapies might improve outcomes for aging COVID-19 patients, and we get a look at newly discovered mechanisms that restore cell function after UV damage. We also learn about expansions to the NIA's NSC program that includes The Buck Institute and the Salk Institute.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute



Even minimal physical activity measurably boosts health

New studies, looking into the affects of sedentary lifestyles confirm that even very minimal physical activity has measurable health benefits.

[Read More](#)



NIA expands Nathan Shock Centers of Excellence into exciting new fields of aging biology

The NIA has added two new NSC's this year, one is a collaboration between The Buck Institute and USC, the other is at the Salk Institute.

[Read More](#)



Mechanism that restores cell function after genome damage

New research uncovers how cells can recover their longevity following UV damage.

[Read More](#)



'The Pattern of COVID-19 Mortality Confirms Hyperfunction Theory of Aging' published by Aging-US

An intriguing look at how aging exponentially increases risks from diseases like COVID-19 and how anti-aging therapies might help alleviate those risks.

[Read More](#)



GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations. today](#)

All Call For Volunteers For Healthier, More Productive Years of Life!

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.

Contact dcarver@healthspanpolicy.org to join the tiger team today!

Upcoming Events

Note: Due to changing circumstances surrounding COVID-19 leading to cancellations, we are temporarily unable to include a list of upcoming events. We'll be sure to keep you up to date as future events are scheduled.

