

Global Healthspan Policy Institute

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GLOBAL HEALTHSPAN POLICY INSTITUTE

Hello,

This week we learn how body mass changes affect our risk for diabetes as we age, that people who engage in regular psychological therapy may experience slower cellular aging and how learning multiple languages might help our brains perform better in old age. We also learn about a new study on how specific gene variants can reduce the risk of glaucoma.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute



GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research.

Age-Related Decline in Lean Body Mass Increases Risk for Diabetes

New studies show that decreases in lean body mass as we age is linked to an increased risk for diabetes, particularly for men.

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Bilingual Brains Perform Better in Older Age

Recent research suggests that people who learn and regularly practice multiple languages may maintain better brain health in older age.

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Researchers discover gene variants that reduce the risk of glaucoma

An international research group have identified specific genetic conditions that reduce the risk for glaucoma.

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You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

All Call For Volunteers For Healthier, More Productive Years of Life!

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.

Contact dcarver@healthspanpolicy.org to join the tiger team today!

Upcoming Events



Note: Due to changing circumstances surrounding COVID-19 leading to cancellations, we are temporarily unable to include a list of upcoming events. We'll be sure to keep you up to date as future events are scheduled.



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Forward

Psychological therapy may help to slow cellular aging

Possibly linked to reductions in stress and improved overall mental health, new research shows that patients who engage in regular psychological therapy may exhibit slower cellular aging.

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