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**Past Issues** 

Global Healthspan Policy Institute View this email in your browser



Hello,

This week we learn how experts at Buck Institute are working with others to develop drugs for Coronavirus, get a look at research into a blood-based biomarker for Alzheimer's and hear from the NIA on the importance of reducing stress during trying times.

We also learn how simple things like taking the stairs can pay big dividends for our heart and lung health as we age.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO Global Healthspan Policy Institute









## Research on resilience in stressful times

NIA funded research demonstrates the importance of reducing stress and maintaining mental health when it comes to healing and recovering from illnesses. This is particularly important during exceptional times, like we're living through now with COVID-19.

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The Buck Institute on Aging Partners with UCSF to Find a Coronavirus Drug

KCBS Radio interviews Eric Verdin, CEO of the Buck Institute on Aging.

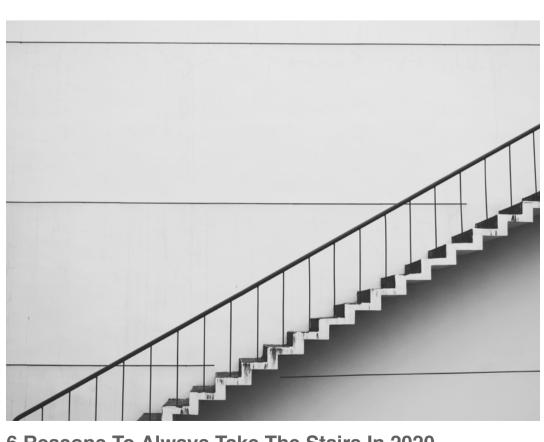
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New evidence for a blood-based biomarker for Alzheimer's disease

New research from a Massachusetts General Hospital led study yields potential blood-based biomarkers for Alzheimer's, a key to early detection.

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6 Reasons To Always Take The Stairs In 2020

We all know how important exercise is to our overall health, especially as we age. Even small things, like choosing to take the stairs instead of elevators or escalators can pay big dividends in the long term.

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**GHPI Coalition Grows to Over 90 Members** 

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

Join The Coalition Here

## We're Bringing the Best Research in the **World to Congress - and Your Donations Are The Fuel To Our Fire!**

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond uniting our members under a common, core mission to benefit the public trust.

Help us bring new preventions and therapeutics for the benefit of all generations, today

## All Call For Volunteers For Healthier, More **Productive Years of Life!**

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.

Contact <u>dcarver@healthspanpolicy.org</u> to join the tiger team today!

## **Upcoming Events**

Note: Due to changing circumstances surrounding COVID-19 leading to cancellations, we are temporarily unable to include a list of upcoming events. We'll be sure to keep you up to date as future events are scheduled.







(☑) Forward