Global Healthspan Policy Institute

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# GLOBAL HEALTHSPAN POLICY INSTITUTE

Hello,

This week we get an update from the NIA on plans for the next five years, learn about interesting new research from MIT into age related DNA damage that affects cognitive function, as well as a new study that shows how blood circulation impacts the aging brain.

We also learn about a recently concluded study that demonstrates direct benefits between exercise, better memory and overall brain health as we age.

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

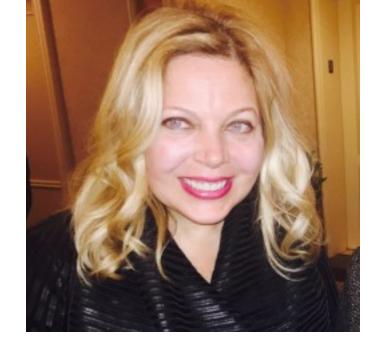
All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO Global Healthspan Policy Institute



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The National Institute on Aging: Strategic Directions for Research, 2020-2025

An update from the NIA on priorities and strategies for the next few years.

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## Study finds that aging neurons accumulate DNA damage

MIT researchers have discovered an enzyme involved in repairing age related DNA damage in genes affecting memory and cognitive functions.

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**GHPI Coalition Grows to Over 90 Members** 

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

in LinkedIn

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

#### Join The Coalition Here

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

Help us bring new preventions and therapeutics for the benefit of all generations, today

All Call For Volunteers For Healthier, More Productive Years of Life!

Exercise improves memory, boosts blood flow to brain

A recently concluded, year long study confirms that increased, regular exercise improves memory and brain health in older patients at risk for Alzheimer's.

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Researchers identify changes in the aging brain related to blood circulation

Researchers in Japan have identified ways that aging brains change in response to blood circulation.

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What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.

Contact <u>dcarver@healthspanpolicy.org</u> to join the tiger team today!

### **Upcoming Events**

Note: Due to changing circumstances surrounding COVID-19 leading to cancellations, we are temporarily unable to include a list of upcoming events. We'll be sure to keep you up to date as future events are scheduled.

