



# GLOBAL HEALTHSPAN POLICY INSTITUTE

Hello,

This week we learn more about GHPI Fellow, David Sinclair’s new book, get a look at long-term NIA research on intermittent fasting and learn about a promising study in China that has identified new anti-aging targets.

We also get an informative look at information from the NIH surrounding COVID-19, the Coronavirus making headlines around the globe.

Before you go, don’t forget to check out the list of upcoming conferences and events in the world of aging research. You’ll see events updated every week, so keep checking in!

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO  
Global Healthspan Policy Institute



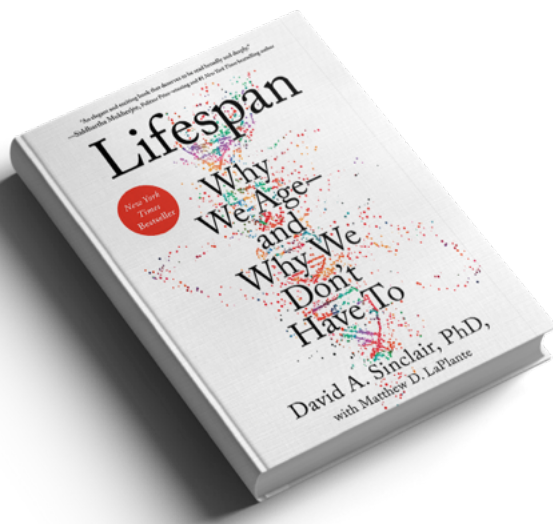
## GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international

## COVID-19 a Reminder of the Challenge of Emerging Infectious Diseases

An informative article from the NIH breaks down the facts around Coronavirus

[Read more](#)



### Lifespan: The New Science Behind Anti-Aging and Longevity that Can Help You Live to 100

GHPI Fellow David Sinclair's new book outlines how the human lifespan will be extended in the coming years and gives helpful advice on how to start extending yours today.

[Read More](#)



### Researchers identify novel anti-aging targets

“A recent study published in Nature has reported two conserved epigenetic regulators as novel anti-aging targets.”

[Read More](#)

organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

### We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

### All Call For Volunteers For Healthier, More Productive Years of Life!

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.

Contact [dcarver@healthspanpolicy.org](mailto:dcarver@healthspanpolicy.org) to join

the tiger team today!



**Research on intermittent fasting shows health benefits**

NIA supported research has shown various health benefits to intermittent fasting.

[Read More](#)

**Upcoming Events**

[International Conference on Frailty and Sarcopenia Research](#)

March 11-13

Toulouse, France

[Experimental Biology 2020](#)

April 4-7

San Diego, CA, USA

[Longevity Leaders World Conference](#)

April 21-22

London, UK

[Undoing Aging – 2020](#)

May 21-23

Berlin, Germany

[View More Events Here](#)



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