

Global Healthspan Policy Institute

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GLOBAL HEALTHSPAN POLICY INSTITUTE

Hello,

This week we learn about new studies surrounding chronic inflammation, how a dietary change could be good for some people and we learn the real reason that stress causes our hair to turn gray as we age. We also hear about a great story about how one university's Esports club was able to improve the tools used to study memory and aging.

Before you go, don't forget to check out the list of upcoming conferences and events in the world of aging research. You'll see events updated every week, so keep checking in!

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO
Global Healthspan Policy Institute



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GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?



Molecular ‘switch’ reverses chronic inflammation and aging

Researchers at UC Berkely have developed a better understanding of what causes chronic inflammation in the body

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If you’re worried about your hair turning gray, don’t stress out!

New research confirms the old assumption that stress leads to gray hairs

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By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we’re bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer’s one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

All Call For Volunteers For Healthier, More Productive Years of Life!

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.

Contact dcarver@healthspanpolicy.org to join the tiger team today!



The Mediterranean diet could help ‘healthy aging,’ study suggests

A new study suggests that a Mediterranean diet could yield positive effects for older adults in as little as a year.

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[Upcoming Events](#)

[International Conference on Frailty and Sarcopenia Research](#)

March 11-13

Toulouse, France

[Experimental Biology 2020](#)

April 4-7

San Diego, CA, USA

[Longevity Leaders World Conference](#)

April 21-22

London, UK

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Esports donates to research labs and student clubs

When the UCI Esports club upgraded its PC's, the university's Stark Lab received their old, but still powerful PC's to aid in studies around memory and the effects of aging.

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