

Global Healthspan Policy Institute

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# GLOBAL HEALTHSPAN POLICY INSTITUTE

Hello,

This week we learn about new research into heart muscle restoration, early detection of Alzheimer's, and how women who exercise consistently throughout life maintain better muscle health as they age. We also get some new, expert tips on living a healthy, active lifestyle as we age.

Before you go, don't forget to check out the list of upcoming conferences and events in the world of aging research. You'll see events updated every week, so keep checking in!

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO  
Global Healthspan Policy Institute



## **GHPI Coalition Grows to Over 90 Members**

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?



## Researching an eye exam that could diagnose Alzheimer's disease decades before symptoms

University of Rhode Island researchers hope to demonstrate how using retinal imaging could identify Alzheimer's earlier than ever.

[Read More](#)



## Lifelong female exercisers benefit from better muscle function

Studies show that women who exercise consistently throughout their lives maintain better muscle health as they age.

[Read More](#)

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

## We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

## All Call For Volunteers For Healthier, More Productive Years of Life!

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.

Contact [dcarver@healthspanpolicy.org](mailto:dcarver@healthspanpolicy.org) to join the tiger team today!



## Upcoming Events

[Expanded Access Summit The Global Forum on Pre-Market Access to Medicines](#)

January 27-29, 2020

Washington, DC, USA

[View More Events Here](#)



### What's the secret to aging with vitality? Experts weigh in on how to live well

Experts offer tips on ways to ensure a healthy, active lifestyle as we age.

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### Study of cardiac muscles in flies might help you keep your heart young

Scientists have found a way to restore heart muscles in fruit flies, which they hope will lead to new therapies for humans in years to come.

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