



GLOBAL HEALTHSPAN POLICY INSTITUTE

Hello,

This week we hear from two GHPI fellows, David Sinclair and Brian Kennedy, as they discuss various ways to combat aging and extend healthspan. We also get a look at new insights into how the human aging process progresses from the NIH and an intriguing look at life expectancy in the U.S. when compared to other countries.

Before you go, don't forget to check out the list of upcoming conferences and events in the world of aging research. You'll see events updated every week, so keep checking in!

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute



GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?



Can we defend ourselves against aging?

GHPI Fellow Brian Kennedy examines what protecting ourselves from aging and extending our healthspans looks like.

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3 Easy Ways We May Actually Be Able To Reverse Aging, From Microbiologist David Sinclair, PhD

GHPI Fellow David Sinclair discusses potential ways to reverse aging.

[Read More](#)

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today.](#)

All Call For Volunteers For Healthier, More Productive Years of Life!

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.

Contact dcarver@healthspanpolicy.org to join the tiger team today!



How does U.S. life expectancy compare to other countries?

The U.S. has the lowest life expectancy at birth among comparable countries. What factors contribute to that?

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Blood protein signatures change across lifespan

These changes in blood protein signatures show how aging isn't as incremental a process as we once thought.

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Upcoming Events

[Expanded Access Summit The Global Forum on Pre-Market Access to Medicines](#)

January 27-29, 2020

Washington, DC, USA

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