

Global Healthspan Policy Institute

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# GLOBAL HEALTHSPAN POLICY INSTITUTE

Hello,

We hope you're enjoying a wonderful holiday season! This week we get a look at new research that focuses on brain inflammation, learn about how changing eating patterns might yield positive health benefits, and we learn about a new round of investment into another startup focusing on slowing the aging process.

Additionally, The Guardian spoke with GHPI Fellow Dr. Nir Barzilai about aging, AI and the potential benefits of Metformin as an anti-aging drug.

Before you go, don't forget to check out the list of upcoming conferences and events in the world of aging research. You'll see events updated every week, so keep checking in!

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO  
Global Healthspan Policy Institute



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## GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US



## Scientists harness AI to reverse ageing in billion-dollar industry

The Guardian discusses aging, AI and the potential benefits of Metformin with GHPI Fellow, Dr. Nir Barzilai.

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## Life Sciences Company Elysium Health Raises \$40M Series C

The new funding will be used to expand to new products designed to slow aging and extend healthspan.

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organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

## We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

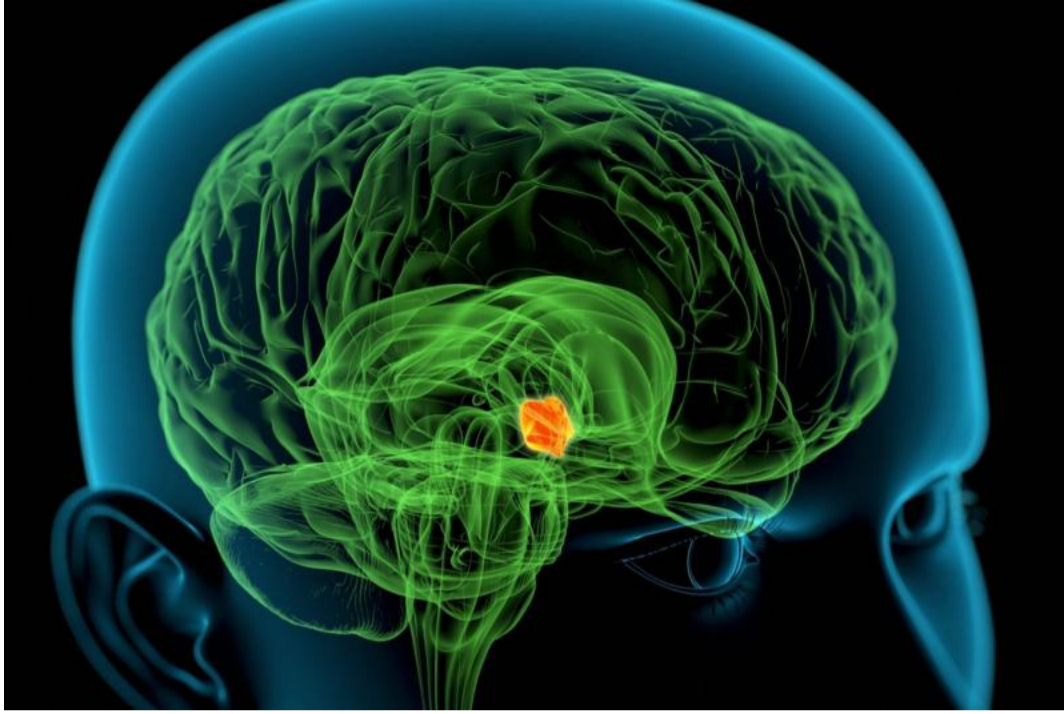
[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

## All Call For Volunteers For Healthier, More Productive Years of Life!

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.



## Inflammation Marker May Be a Red Flag for Rapid Brain Aging

A new study in mice links inflammation of the cerebellum to a variety of behaviors connected to brain aging.

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## Goodbye, stressful diets? Intermittent fasting offers health benefits, study says. But it's not for everybody

Changing eating patterns can lead to numerous health benefits, but it's advisable to consult your doctor to determine a pattern that's right for you.

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Contact [dcarver@healthspanpolicy.org](mailto:dcarver@healthspanpolicy.org) to join the tiger team today!

## Upcoming Events

[Expanded Access Summit The Global Forum on Pre-Market Access to Medicines](#)

January 27-29, 2020  
Washington, DC, USA

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