

Global Healthspan Policy Institute

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GLOBAL HEALTHSPAN POLICY INSTITUTE

Hello,

We hope you've all had a wonderful Thanksgiving! This week, we get a look at some interesting new studies surrounding Rapamycin and its potential anti-aging effects on the skin, how board games can keep us mentally sharp as we age, and how the gut microbiome might affect aging.

We also learn about an intriguing study that links shortened telomeres—increasingly considered to be a factor in the rate of aging—with PWS, a condition that commonly increases risk for age related diseases earlier in life.

Before you go, don't forget to check out the list of upcoming conferences and events in the world of aging research. You'll see events updated every week, so keep checking in!

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO
Global Healthspan Policy Institute



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GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US



Rapamycin has anti-aging effect on human skin

A small study has shown that regular applications of the drug to the backs of hands resulted in a lessening of wrinkles, sagging and improved skin tone

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Can the gut microbiome unlock the secrets of aging?

“A new study has shown how the gut microbiota of older mice can promote neural growth in young mice, leading to promising developments in future treatments.”

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organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

All Call For Volunteers For Healthier, More Productive Years of Life!

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.



Playing Traditional Games Protects Your Thinking Skills As You Age, Says New 68-Year Study

New research shows that people who play games; cards, board games and the like, are more likely to stay mentally sharp as they age.

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Shorter Telomeres in Young Adults with PWS May Indicate Premature Aging, Study Reports

Young adults with PWS, a condition that makes them more likely to suffer from age related disease earlier in life, have been found to have shorter telomeres—something consistently linked with age.

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Upcoming Events

[12th Clinical Trials on Alzheimer's Disease \(CTAD\)](#)

December 4-7
San Diego, CA, USA

[Expanded Access Summit The Global Forum on Pre-Market Access to Medicines](#)

January 27-29, 2020
Washington, DC, USA

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