

Global Healthspan Policy Institute

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GLOBAL HEALTHSPAN POLICY INSTITUTE

Hello,

This week we learn about a newly discovered RNA molecule that may play a role in the aging process, and get a look at how data from FitBit may demonstrate how poor sleep habits cause us to age prematurely.

Additionally, we learn about new opportunities for researchers with the NIA's 2020 Butler-Williams Scholars Program and get a look at GHPI Fellow David Sinclair's new Book!

Before you go, don't forget to check out the list of upcoming conferences and events in the world of aging research. You'll see events updated every week, so keep checking in!

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.

Edwina Rogers, CEO
Global Healthspan Policy Institute



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National Institute on Aging

New and Early-Career Researchers: Catalyze Your Career with the Butler-Williams Scholars Program in 2020!

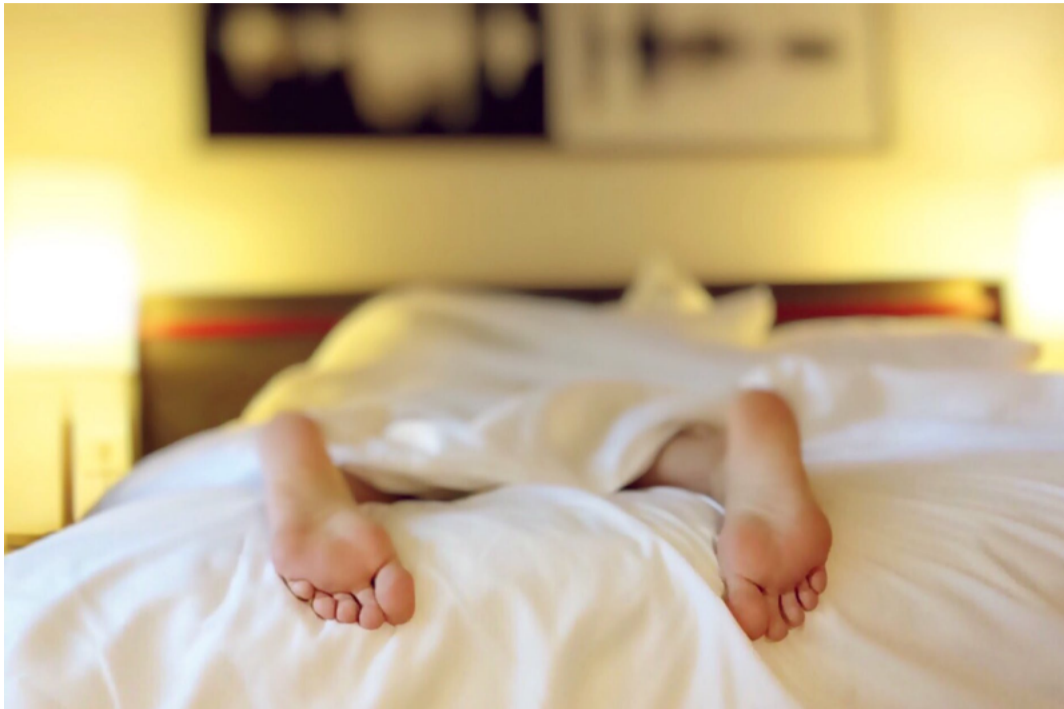


GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international

The NIA is now accepting applications for the 2020 Butler-Williams Scholars Program

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Sleep Science: Getting fewer than 7 hours of sleep may be aging you prematurely

A new study using data from FitBit is telling an intriguing story about just what we might be losing when we don't get enough sleep.

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This Harvard Geneticist Says People Will Someday Live to 150

GHPI Fellow David Sinclair's new book *Lifespan: Why We Age—and Why We Don't Have To* explains his theory on aging and aging intervention

organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

All Call For Volunteers For Healthier, More Productive Years of Life!

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.

Contact dcarver@healthspanpolicy.org to join

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New RNA molecules may play a role in aging

A new sequencing method has revealed a class of previously invisible RNA molecules that may play a role in the aging process

[Read More](#)

the tiger team today!

Upcoming Events

[Gerontological Society of America \(GSA\)](#)

November 13-17

Austin, TX, USA

[Society for Redox Biology and Medicine](#)

November 20-23

Las Vegas, NV, USA

[12th Clinical Trials on Alzheimer's Disease \(CTAD\)](#)

December 4-7

San Diego, CA, USA

[Expanded Access Summit The Global Forum on Pre-Market Access to Medicines](#)

January 27-29, 2020

Washington, DC, USA

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