Global Healthspan Policy Institute

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GLOBAL HEALTHSPAN POLICY INSTITUTE

Hello,

This week we learn about an exciting, upcoming NIA outreach event, get a look at a new research group specializing in Longevity Studies, and learn how losing weight—and keeping it off—can have multiple positive effects on our health as we age.

We also learn about a first of it's kind online clinic that will specialize in helping patients get prescriptions for common drugs like Metformin, for which studies have shown anti-aging benefits.

Before you go, don't forget to check out the list of upcoming conferences and events in the world of aging research. You'll see events updated every week, so keep checking in!

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO Global Healthspan Policy Institute









On the road again! Join NIA in Maine Nov. 7 for our regional meeting for investigators

Researchers will get valuable face time with NIA leadership, learn about numerous funding opportunities and discuss recent breakthroughs at this upcoming event.

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GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and



Vitality in Aging Research Group Launches with Ground-Breaking **Longevity Studies**

New public benefit research organization, Vitality in Aging (VIA) Research Group, announces its launch with ground-breaking Longitudinal Study and Interventions Trial at RAADfest conference held at Westgate Las Vegas Resort & Casino, Las Vegas, Nevada

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world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

Join The Coalition Here

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond uniting our members under a common, core mission to benefit the public trust.

Help us bring new preventions and therapeutics for the benefit of all generations, today

All Call For Volunteers For Healthier, More **Productive Years of Life!**

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the

Losing weight-and keeping it off-linked to cardiometabolic benefits

People who lose weight and keep it off can stabilize or even improve their cardiometabolic risk factors compared to people who regain weight, finds a new study.

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world.

Contact <u>dcarver@healthspanpolicy.org</u> to join the tiger team today!

Upcoming Events

"Resilience in Aging and Age-Related Disease" 2019 Barshop Symposium on Aging October 10-13 Bandera, TX, USA



Doctor launches the first online clinic dedicated to using common drugs for a different purpose: to slow aging

Dr. Sajad Zalzala has launched an online clinic that will help patients get prescriptions to use common drugs like Metformin, for anti-aging purposes.

(Note: This article is being linked for educational purposes. It's inclusion is not intended as an endorsement)

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From Chromosomes to Communities: Integrating Aging Research October 9-10 Birmingham, AL, USA

INTERNATIONAL LONGEVITY AND CRYOPRESERVATION SUMMIT October 24-26 Madrid, Spain

<u>10th World Congress on Targeting</u> <u>Mitochondria</u> October 27-29 Berlin, Germany

BIT's 13th World Congress of Regenerative Medicine & Stem Cell-2019 November 1-3 Dalian, China

NIA Director's Regional Meeting November 7 Portland, ME, USA <u>View More Events Here</u>

