

Global Healthspan Policy Institute

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GLOBAL HEALTHSPAN POLICY INSTITUTE

Hello,

This week we learn about new studies that show how optimists live longer lives and how regular tea drinkers may have better cognitive health over time. We also get a look at how current disagreements in Congress have many scientific and medical research organizations on edge.

Additionally, GHPI Fellow David Sinclair has made another appearance on the Joe Rogan Experience podcast, to discuss his work, life and healthspan extension and more.

Before you go, don't forget to check out the list of upcoming conferences and events in the world of aging research. You'll see events updated every week, so keep checking in!

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO
Global Healthspan Policy Institute



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GHPI Coalition Grows to Over 90 Members



David Sinclair Appears on The Joe Rogan Experience Podcast

GHPI Fellow David Sinclair has made a return appearance on the popular Joe Rogan Experience Podcast, discussing numerous issues and developments surrounding life and healthspan extension.

[Watch Now](#)



New evidence that optimists live longer

A new Harvard study shows that optimism and a positive outlook can lead to a longer life.

[Read More](#)

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

All Call For Volunteers For Healthier, More Productive Years of Life!

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the



US funding scramble leaves science agencies in limbo

Congressional budget disagreements paint a cloudy picture for science and medicine.

[Read More](#)



Drinking tea improves brain health

A new study indicates that tea drinkers have better organized brain functions, an indicator of better cognitive function.

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Contact dcarver@healthspanpolicy.org to join the tiger team today!

Upcoming Events

[Alzheimer's Association International Conference® \(AAIC®\) Satellite Symposium](#)

September 25-27

Sydney Australia

["Resilience in Aging and Age-Related Disease"](#)

2019 Barshop Symposium on Aging

October 10-13

Bandera, TX, USA

[INTERNATIONAL LONGEVITY AND CRYOPRESERVATION SUMMIT](#)

October 24-26

Madrid, Spain

[10th World Congress on Targeting Mitochondria](#)

October 27-29

Berlin, Germany

[BIT's 13th World Congress of Regenerative Medicine & Stem Cell-2019](#)

November 1-3

Dalian, China

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