



# GLOBAL HEALTHSPAN POLICY INSTITUTE

Hello,

This week we learn how researchers are linking certain biomarkers to a variety of age related health conditions. We also learn about another study that may have found a link between excessive napping and Alzheimer’s.

Additionally, we learn how the view that aging may not be inevitable, but rather a curable disease is gaining ground in a variety of scientific fields. We also hear from the National Institute on Aging about how greater diversity among research groups tends to yield more innovative results.

Before you go, don’t forget to check out the list of upcoming conferences and events in the world of aging research. You’ll see events updated every week, so keep checking in!

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO  
Global Healthspan Policy Institute



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GHPI Coalition Grows to Over 90 Members



### **Biomarkers indicate health in old age**

Researchers are discovering ways to use biomarkers to link risk for age related health conditions in the elderly.

[Read More](#)



### **What if aging weren't inevitable, but a curable disease?**

This is really the entire premise of the healthspan & longevity movements, and it's beginning to take hold.

[Read More](#)

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

### **We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!**

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

### **All Call For Volunteers For Healthier, More Productive Years of Life!**

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the





## Diversity in scientific meetings and conferences optimizes research innovations

A recent announcement from the National Institute on Aging recommends ensuring diversity among research groups, finding that greater diversity leads to greater innovation.

[Read More](#)



## Excessive daytime napping could be early indicator of Alzheimer's disease, study says

A new study finds that too much daytime tiredness could be an early indicator of Alzheimer's.

[Read More](#)

world.

Contact [dcarver@healthspanpolicy.org](mailto:dcarver@healthspanpolicy.org) to join the tiger team today!

## Upcoming Events

### [Aging and the Single Cell: Workshop](#)

August 28

UCSF Mission Bay Campus

### [Systems Biology of Aging: Data Science meets Geroscience](#)

September 4-5

Farmington, CT, USA

### [Cellular Senescence: The Bright and Dark Side](#)

September 9-12

Athens, Greece

### ["Ageing and Regeneration" -- FEBS Workshop](#)

September 9-12

Innsbruck, Austria

### [6th Bioinformatics in Ageing Research workshop](#)

September 13

Hörsaal 8, Magdeburger Str. 8, Halle/Saale

### [Biennial Aging Conference](#) "Epigenetics: Playing with the Game of Life"

September 13

Hörsaal 8, Magdeburger Str. 8, Halle/Saale

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