Global Healthspan Policy Institute

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Hello,

This week we learn about a newly funded research project exploring the links between light, sleep and age related cognitive conditions. We also learn how a group of scientists was able to reverse the aging process in rat brain stem cells.

Additionally, we learn how depression and Alzheimer's may be linked, and how high blood pressure could be a major contributor to age related brain damage.

Before you go, don't forget to check out the list of upcoming conferences and events in the world of aging research. You'll see events updated every week, so keep checking in!

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO Global Healthspan Policy Institute



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**GHPI Coalition Grows to Over 90 Members** 



National Institute on Aging Awards \$3.8 Million for Light and Health Research

The project will study whether lighting intervention can improve sleep, cognition and memory in people experiencing age related cognitive impairments.

**Read More** 



Scientists reverse aging process in rat brain stem cells

Researchers have been experimenting with ways to reverse older stem cells to a younger state.

**Read More** 

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

Join The Coalition Here

# We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

Help us bring new preventions and therapeutics for the benefit of all generations, today

## All Call For Volunteers For Healthier, More Productive Years of Life!

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the



Depression, Alzheimer's Share Home in Aging Brains

New data suggests that depression symptoms could be early indicators of dementia syndromes.

#### **Read More**



Intensive blood pressure control may slow age-related brain damage

A new NIH funded study shows a direct link between blood pressure and white matter lesions.

#### **Read More**

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world.

Contact <u>dcarver@healthspanpolicy.org</u> to join the tiger team today!

### **Upcoming Events**

<u>Linus Pauling Institute's 10th biennial</u> <u>conference</u>

August 14-16 Corvalis, OR, USA

Think Science: Longevity

August 16 San Antonio, TX, USA

Aging and the Single Cell: Workshop

August 28
UCSF Mission Bay Campus

Systems Biology of Aging: Data Science meets Geroscience

September 4-5 Farmington, CT, USA

Cellular Senescence: The Bright and Dark Side

September 9-12 Athens, Greece

<u>"Ageing and Regeneration" -- FEBS</u>

<u>Workshop</u>

September 9-12 Innsbruck, Austria

View More Events Here





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