

Global Healthspan Policy Institute

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# GLOBAL HEALTHSPAN POLICY INSTITUTE

Hello,

This week we learn how certain plant-based diets can reduce our risk for Diabetes, how extra pounds may negatively affect our brains as we age and we get a look at research surrounding Alzheimer's and various microorganisms.

We also learn how researchers are using AI technology to better understand how we age, healthspan and overall longevity.

Before you go, don't forget to check out the list of upcoming conferences and events in the world of aging research. You'll see events updated every week, so keep checking in!

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO  
Global Healthspan Policy Institute



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**GHPI Coalition Grows to Over 90 Members**



## **A Plant-Based Diet Can Reduce Your Risk for Type 2 Diabetes, If You Do It Correctly**

Experts offer specific advise on how to make the most of dietary plans.

[Read More](#)



## **Extra Pounds May Accelerate Brain Aging**

New research shows that extra weight in middle age could speed up grain aging by as much as a decade.

[Read More](#)

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

## **We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!**

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

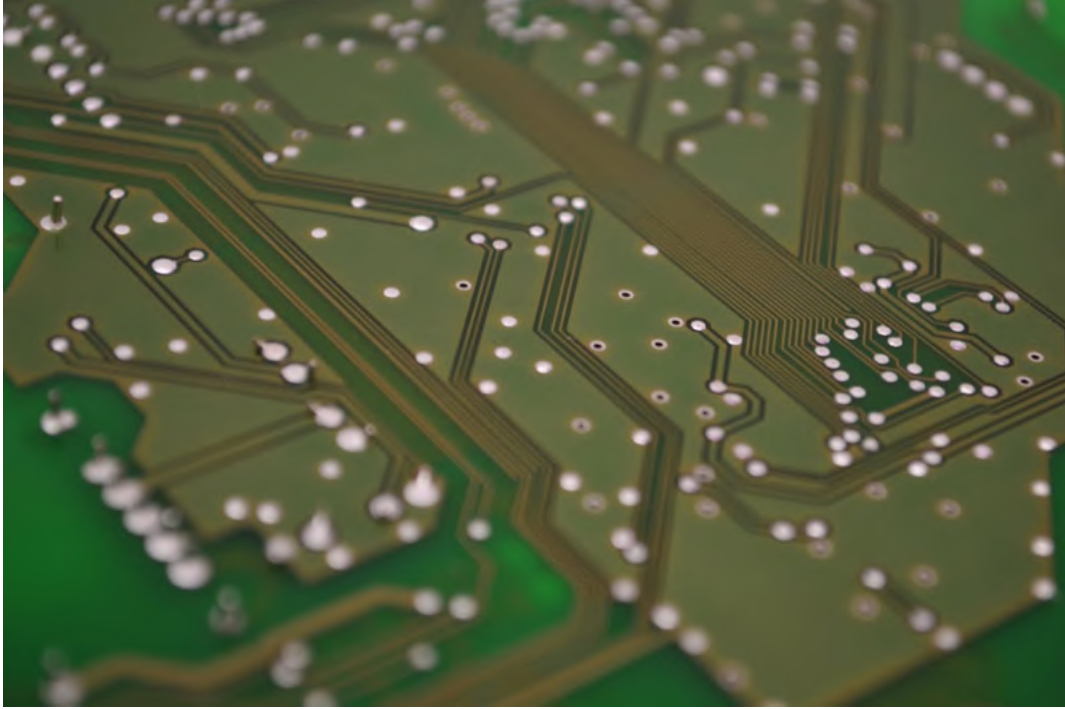
## **All Call For Volunteers For Healthier, More Productive Years of Life!**

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the

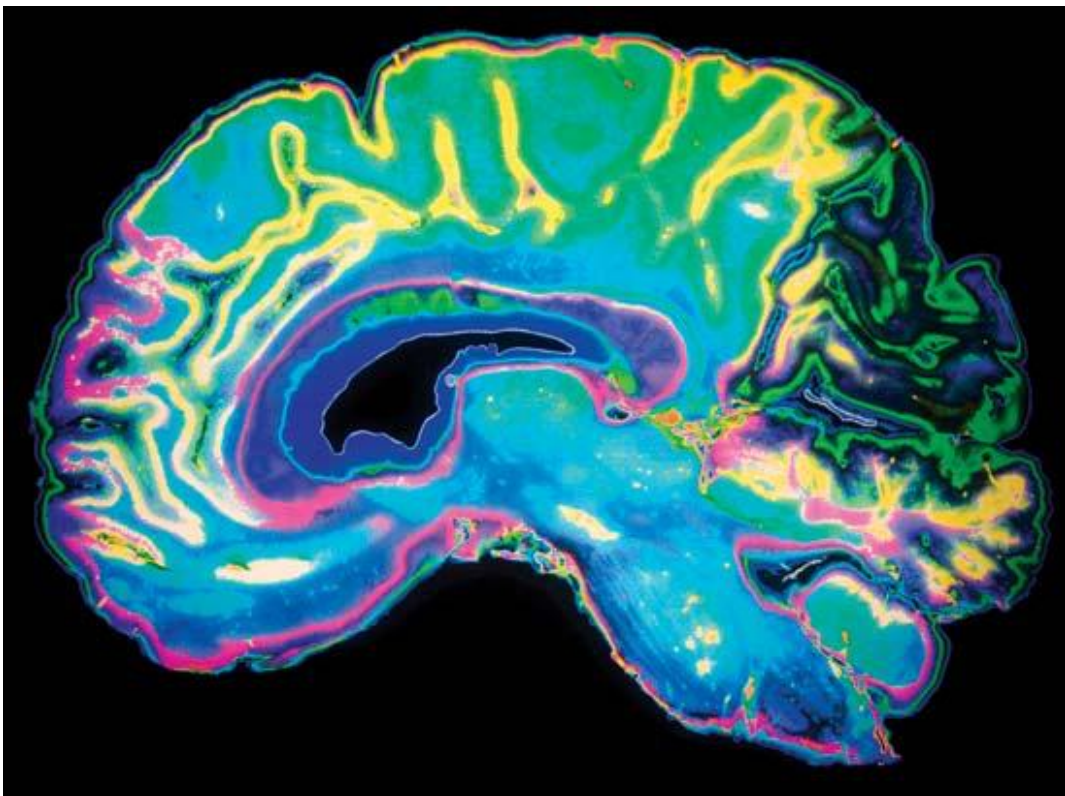




## AI Based Predictors of Aging and Longevity Are on the Rise

New technology is helping researchers better understand healthspan and longevity.

[Read More](#)



## Do Infectious Agents Trigger Alzheimer's Disease? And if So, How?

Microorganisms may play a role in Alzheimer's, though research on exactly how remain inconclusive.

[Read More](#)

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world.

Contact [dcarver@healthspanpolicy.org](mailto:dcarver@healthspanpolicy.org) to join the tiger team today!

### **Upcoming Events**

[Linus Pauling Institute's 10th biennial conference](#)

August 14-16

Corvallis, OR, USA

[Think Science: Longevity](#)

August 16

San Antonio, TX, USA



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