

Global Healthspan Policy Institute

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# GLOBAL HEALTHSPAN POLICY INSTITUTE

Hello,

This week we learn about a new research that shows how certain plant-based proteins can help reduce age-related inflammation and get a look at The University of Arizona's strategy for studying aging brain health.

We also learn that California Stem Cell research centers will be using \$30 million in grant money to develop treatments for age related conditions, in addition to other fascinating research. On top of that we get some great tips on how to engage our creativity to keep our brains functioning well as we get older.

Before you go, don't forget to check out the list of upcoming conferences and events in the world of aging research. You'll see events updated every week, so keep checking in!

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO  
Global Healthspan Policy Institute



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**GHPI Coalition Grows to Over 90 Members**



## **The Diet Swap That Can Ward Off Some Harmful Effects of Aging**

Researchers at Tufts University have found that an increase in plant-based protein can reduce chronic, low grade inflammation that tends to occur as we age.

[Read More](#)



## **UA researchers' proposed strategy to aging brain health**

Researchers at the University of Arizona are working toward a better understanding of age related cognitive decline, with an end goal of extending the cognitive health span of adults.

[Read More](#)

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

## **We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!**

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

## **All Call For Volunteers For Healthier, More Productive Years of Life!**

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the





## California stem cell research centers receive \$30-million gift from Broad Foundation

The new funding will support research aimed at development disorders and age related conditions that arise later in life.

[Read More](#)



## Four Creativity Strategies To Recharge an Aging Brain

Research shows that engaging in creative exercises can help maintain cognitive function and reduce stress as we age.

[Read More](#)

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world.

Contact [dcarver@healthspanpolicy.org](mailto:dcarver@healthspanpolicy.org) to join the tiger team today!

### **Upcoming Events**

[Society for Free Radical Research-Europe \(SFRR-E\) Meeting](#)

June 19-21

Ferrara, Italy

[First Nature Conference on Ageing, Health and Rejuvenation](#)

June 23-26

Rotterdam, Netherlands

[Fibroblasts: The Arbiters of Extracellular Matrix Remodeling](#)

June 23-25

Charlottesville, VA, USA

[The NAD+ Metabolism and Signaling Conference](#)

June 23-28

Dublin, Ireland

[Ending Age-Related Diseases: 2019](#)

July 11-12

New York, NY, USA



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