

Global Healthspan Policy Institute

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GLOBAL HEALTHSPAN POLICY INSTITUTE

Hello,

This week we get a first look at *Fast Bar*, a new product that is designed to keep the body nourished, while also experiencing the benefits of fasting. We also learn about ways that studying the aging processes of several interesting species could yield positive results for humans.

Additionally, we get a look at research that has found anti-aging enzymes in mouse blood and pomegranates, and take a look at how meditation and kindness can slow the aging process.

Before you go, don't forget to check out the list of upcoming conferences and events in the world of aging research. You'll see events updated every week, so keep checking in!

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO
Global Healthspan Policy Institute



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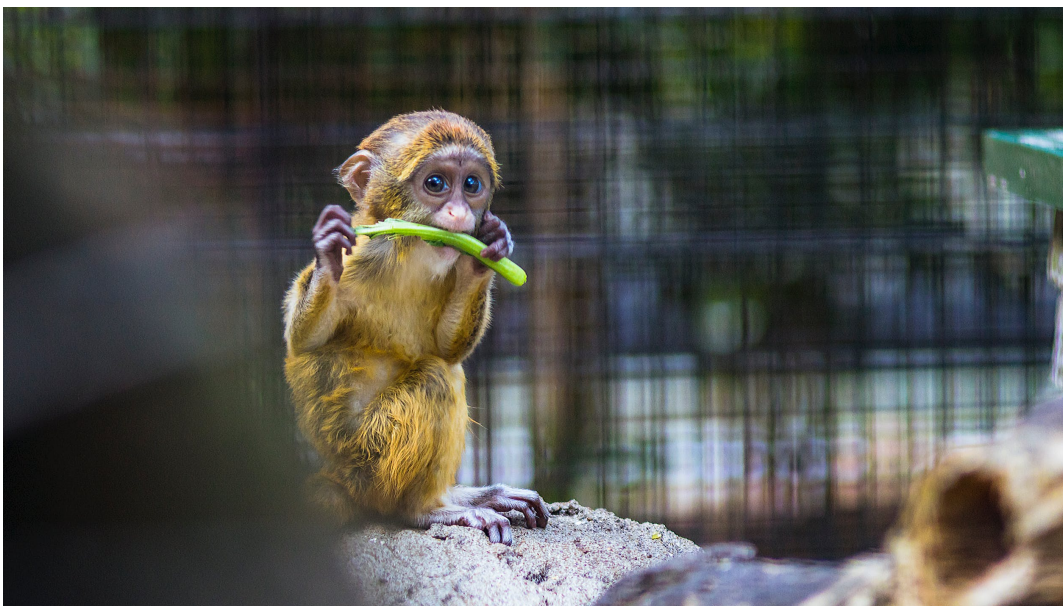
GHPI Coalition Grows to Over 90 Members



Global Launch of the "Fasting with Food™" Movement

Joseph Antoun, GHPI Chair and CEO of L-Nutra, have announced *Fast Bar*—a new nutrition bar designed to nourish the body while still keeping cells in a fasting state.

[Read More](#)



What bats, primates and even zebrafish tell us about human aging

Some of these species have what seem to be “Aging superpowers” and researchers hope to glean insight from them to create treatments for age related conditions in humans.

[Read More](#)

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

All Call For Volunteers For Healthier, More Productive Years of Life!

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the



Want to fight off aging? Try mouse blood ... or pomegranates

Researchers have found enzymes that fight the aging process in mouse blood, and also in pomegranates. One of them is certainly more appealing than the other, but both could have profound impacts on aging research.

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Cultivating kindness through meditation can slow the aging process, according to new research

New research has found that meditation and kindness practices can slow the aging process.

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Contact dcarver@healthspanpolicy.org to join the tiger team today!

Upcoming Events

[Society for Free Radical Research-Europe \(SFRR-E\) Meeting](#)

June 19-21

Ferrara, Italy

[First Nature Conference on Ageing, Health and Rejuvenation](#)

June 23-26

Rotterdam, Netherlands

[Fibroblasts: The Arbiters of Extracellular Matrix Remodeling](#)

June 23-25

Charlottesville, VA, USA

[The NAD+ Metabolism and Signaling Conference](#)

June 23-28

Dublin, Ireland

[Ending Age-Related Diseases: 2019](#)

July 11-12

New York, NY, USA



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