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Global Healthspan Policy Institute

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GLOBAL HEALTHSPAN POLICY INSTITUTE

Hello,

This week we learn about new research that links longevity to genetics, and how the Salk Institute is using CRISPR technology to slow the aging process.

We also get a look at a great article outlining the sometimes complicated technology and science behind the life extension movement. On top of that, we get some great tips on how to exercise and stay fit as we age.

Before you go, don't forget to check out the list of upcoming conferences and events in the world of aging research. You'll see events updated every week, so keep checking in!

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO
Global Healthspan Policy Institute





New Gene Therapy Could Slow Aging in Humans

Researchers at the Salk Institute are working with CRISPR technology to slow aging.

[Read More](#)



How to Exercise to Cut Your Age-Related Fitness Decline in Half

Some helpful tips on how regular exercise can prevent fitness decline, even years later.

[Read More](#)

GHPI Coalition Grows to Over 90 Members

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

All Call For Volunteers For Healthier, More Productive Years of Life!

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be



Can Anti-Aging Research Keep Us Healthy in the Long Run?

An interesting article that outlines many of the underlying technologies and strategies of the life extension research community.

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'Longevity gene' responsible for more efficient DNA repair

University of Rochester researchers have found more evidence that the key to longevity may be genetic.

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listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.

Contact dcarver@healthspanpolicy.org to join the tiger team today!

Upcoming Events

Harvard/Paul F. Glenn Symposium on Aging
May 20
[Boston, MA, USA](#)

[The Mitochondrial Biogenesis and Dynamics in Health and Disease Conference](#)
May 19-24
Palm Springs, CA, USA

[American Aging Association 48th Annual Meeting](#)
May 30 - June 2
Burlingame, CA, USA

[The Protein Aggregation Conference: From Structure to In Vivo Sequelae](#)
June 9 - 14
Snowmass Village, CO, USA



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