Global Healthspan Policy Institute

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Hello,

This week's stories are all about memory. We all know that as we age, our memory can decline. Researchers are approaching ways to solve this problem from a variety of angles. Read the stories below to learn about approaches from nutrition, to neurostimulation to specialized cognitive training.

Before you go, don't forget to check out the list of upcoming conferences and events in the world of aging research. You'll see events updated every week, so keep checking in!

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO Global Healthspan Policy Institute





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**GHPI Coalition Grows to Over 90 Members** 

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?



Scientists Test Whether Brain Stimulation Could Help Sharpen Aging Memory

We all know that cognitive function and memory declines as we age, now scientists are hoping to learn how to slow that decline.

### **Read More**



Could eating garlic reduce aging-related memory problems?

A new study in mice indicates that garlic could counteract age related changes in gut bacteria linked to memory functions.

### **Read More**

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

#### Join The Coalition Here

# We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

Help us bring new preventions and therapeutics for the benefit of all generations, today

## All Call For Volunteers For Healthier, More Productive Years of Life!

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the world.

Contact <u>dcarver@healthspanpolicy.org</u> to join



Aging gracefully: Study identifies factors for healthy memory at any age

Researchers at the University of Alberta have identified several different factors in maintaining healthy memory as we age.

### **Read More**



Research underscores value of cognitive training for adults with mild cognitive impairment

A new study demonstrates how specific types of cognitive training can help improve cognitive function later in life.

### **Read More**

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### **Upcoming Events**

<u>1st Mediterranean Antiaging Medicine</u> <u>Conference</u>

April 13-14 Larnaca, Cyprus

Harvard/Paul F. Glenn Symposium on Aging May 20

Boston, MA, USA

The Mitochondrial Biogenesis and Dynamics in Health and Disease Conference

May 19-24 Palm Springs, CA, USA

American Aging Association 48th Annual Meeting

May 30 - June 2 Burlingame, CA, USA

The Protein Aggregation Conference: From Structure to In Vivo Sequelae

June 9 - 14 Snowmass Village, CO, USA





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