



Hello,

This week we learn about a new study regarding PTSD and brain aging, get a look at some tips to lead a healthier and longer life, and learn about a variety of NIA diversity programs that it hopes will support a more robust research community for years to come.

We also learn about the longest heart study in the US, and how it hopes to incorporate aging research into its newest plans.

Before you go, don't forget to check out the list of upcoming conferences and events in the world of aging research. You'll see events updated every week, so keep checking in!

Are you part of a health or life extension research organization? Our coalition has grown to over 90 member groups, including 25 major US organizations and 16 major international groups. We hope your organization will be next! Check below to find a link to join our coalition quickly and easily.

All this and more this week. Join us as we move forward into another exciting month of incredible opportunities in this burgeoning and revolutionary field.



Edwina Rogers, CEO
Global Healthspan Policy Institute



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GHPI Coalition Grows to Over 90 Members



PTSD can impair and age your brain

Recent research has confirmed that PTSD can lead to cognitive impairment and accelerated brain aging

[Read More](#)



10 habits that are aging you prematurely

A look at 10 things many of us do that are speeding up the aging process and harming our overall health.

[Read More](#)



Diversity and inclusion will build the scientific

Our coalition includes 25 major US organizations and 16 major international organizations. Will yours be next?

By joining the coalition you get access to the GHPI fellows, top experts in aging research. You gain more influence over national and world events. You are invited to our pilot projects. You get access to healthspan investment funds and our ability to promote your achievements. You get news updates, and can join our weekly coordinating call that steers the future of the healthspan movement.

[Join The Coalition Here](#)

We're Bringing the Best Research in the World to Congress - and Your Donations Are The Fuel To Our Fire!

With your help, we're bringing the vision of a world without the spectre of diseases like cancer, heart disease, and Alzheimer's one step closer to reality each and every day. Our team works closely with industry leaders from sectors as far-reaching as biotechnology to gene therapy to pharmaceuticals and beyond – uniting our members under a common, core mission to benefit the public trust.

[Help us bring new preventions and therapeutics for the benefit of all generations, today](#)

All Call For Volunteers For Healthier, More Productive Years of Life!

What if the US Congress took the lead funding healthspan research? Or by removing barriers to treatments to new therapeutics that can prevent diseases like cancer?

For the first time governments seem to be listening -- and you can help!

GHPI needs volunteers to engage with the public and ally nonprofit groups around the

workforce of the future

The National Institute on Aging is highlighting numerous diversity programs it hopes will build a more robust research community for the future.

[Read More](#)



Framingham Heart Study Will Examine Aging with New \$38M Funding

America’s longest running heart study has been renewed for another six years and will add focus on studying the effects of aging on the heart, liver and other organs.

[Read More](#)

world.

Contact dcarver@healthspanpolicy.org to join the tiger team today!

Upcoming Events

Harvard/Paul F. Glenn Symposium on Aging
May 20

[Boston, MA, USA](#)

[The Mitochondrial Biogenesis and Dynamics in Health and Disease Conference](#)

May 19-24
Palm Springs, CA, USA

[American Aging Association 48th Annual Meeting](#)

May 30 - June 2
Burlingame, CA, USA

[The Protein Aggregation Conference: From Structure to In Vivo Sequelae](#)

June 9 - 14
Snowmass Village, CO, USA

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